



North Park Weekly Grocery Hamper Program - Sign up Form

About the program:

Every Thursday, the NPNA puts together free weekly grocery hampers that go out to about 90 households per week. Hamper recipients live in the North Park neighbourhood. The hampers are made up of produce, bread, dairy, some non-perishable items and eggs. These are sorted by an amazingly efficient group of volunteers on Thursdays. We couldn't do this program without these wonderful, dedicated volunteers!

Eligibility:

To be eligible for a hamper, recipients must live in the North Park neighbourhood.

Signing up:

- 1) Please fill out the form below.
- 2) The Grocery Hamper Coordinator, Ruby, will contact you to confirm she has received the form, and let you know when to come pick up your first hamper.

Picking up your hamper:

Recipients are asked to pick up their hamper **EVERY THURSDAY BETWEEN 11:00am-12:00pm at First Met Church (932 Balmoral)**. If you are not able to pick up your hamper due to mobility or accessibility concerns, please let Ruby know and other arrangements will be made if possible.

Contact Information:

Grocery Hamper Coordinator	Ruby Berry	ruby@npna.ca	778-535-2125
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More information:

To learn more visit www.npna.ca/hampers. You can also find us on Twitter, Instagram, and Facebook @WeAreNorthPark.



North Park
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Grocery Hamper Sign-Up Form

Today's date:
Full name:
Phone number:
Email:
Street address: Apartment, unit number: City: Postal code:
Recipients are asked to pick up their hamper between 11:00am-12:00pm at First Met Church (932 Balmoral). Are you able to pick up your hamper during this time? <input type="checkbox"/> Yes <input type="checkbox"/> No
How many people are in your household? (Including ages of children if applicable)
Do you have any dietary restrictions / allergies?
Would you like us to add you to the NPNA newsletter mailing list? (Newsletters are sent every other Friday) <input type="checkbox"/> Yes <input type="checkbox"/> No
Is there anything else you'd like to let us know?